

DAILY GRATITUDES

YOUR POINT OF VIEW CREATES YOUR REALITY!



WEEK ____/20__

 <p>Write down three new things you're grateful for each day.</p> <p>1 THING 1 PERSON 1 THING ABOUT YOURSELF</p> <p><small>DR DAIN HEER</small></p>	<p>DAY 1</p>  <hr/> <hr/> <hr/>	<p>DAY 2</p>  <hr/> <hr/> <hr/>
<p>DAY 3</p>   <hr/> <hr/> <hr/>	<p>DAY 4</p> <hr/> <hr/> <hr/>	<p>DAY 5</p> <hr/> <hr/> <hr/> 
<p>DAY 6</p>  <hr/> <hr/> <hr/>	<p>DAY 7</p>   <hr/> <hr/> <hr/>	<p>Did you express your gratitude today?</p> 